

## SUNDAY

**NOON Set the Tone**, First Christian Church, Room 18, 602 SW Madison, Corvallis, OR, 97333 (O,D,To)

**5:30 PM MTFU**, Corvallis Evangelical Church, 1525 NW Kings Blvd, Corvallis, OR, 97330 (C,M,To)

**5:30 PM Spirit of Unity**, Evangelical Church, New Meeting!!!, 1525 NW Kings Blvd, Corvallis, OR, 97330 (D,W) *This is the new time and day for this meeting.*

**7:00 PM Get Real Get Honest No BS**, Sweet Home United Methodist Church, 845 6th Ave, Sweet Home, OR, 97386 (O,WC,BK)

**7:00 PM Take the Mask Off**, Chance, Speaker/Potluck last Sunday of the month, corner of First & Main, 231 Lyon St S, Albany, OR, 97321 (O,D,SD,So)

## MONDAY

**NOON Primary Purpose**, First Christian Church, Room 18, corner of 6th, 602 SW Madison Avenue, Corvallis, OR, 97333-4515 (O,JT,To,WC)

**6:30 PM Happy Hour**, Helping Hands Shelter, 619 SE 9th Ave, Albany, OR, 97322 (O,JT,WC)

**7:00 PM Dopeless Hope Fiends**, First Christian Church, Room 18, corner of 6th, 602 SW Madison Avenue, Corvallis, OR, 97333 (O,D,WC)

**7:00 PM Hangin With the Fella's**, Chance Building, 231 Lyon St S, Albany, OR, 97321 (M)

## TUESDAY

**NOON Primary Purpose**, First Christian Church, Room 18, corner of 6th, 602 SW Madison Avenue, Corvallis, OR, 97333-4515 (O,JT,To,WC)

**7:00 PM Gratitude Rocks (Women of Gratitude)**, Ignite Hope, 580 F Street, Lebanon, OR, 97355-1845 (O,W)

**7:00 PM Happy Hour**, Chance, 231 Lyon St S, Albany, OR, 97321 (O,BT)

## 7:00 PM Stand For Something \*Newcomers

**Meeting\***, First Christian Church, Room 18, corner of 6th, 602 SW Madison Avenue, Corvallis, OR, 97333-4515 (O,B,D,To,WC) *The meeting is direct toward people that are new in recovery, but everyone is welcome*

## WEDNESDAY

**NOON Primary Purpose**, First Christian Church, Dining Room, 602 SW Madison Ave, Corvallis, OR, 97333 (O,JT,To,WC)

**6:30 PM One Size Doesn't fit All**, The Memorial Union, Room 222, 2501 SW Jefferson Way, Corvallis, OR, 97331 *Closed on Wednesday 1/3/24*

**7:00 PM Gratitude Rocks**, Free Methodist Church, The Recovery Room, 580 F Street, Lebanon, OR, 97355-1845 (O,JT,WC)

**7:00 PM Happy Hour**, Armory, George Miller Room, corner of Lyons, 104 4th Avenue Southwest, Albany, OR, 97321-2804 (O,JT,WC)

**7:00 PM Serenity Well**, New Life Fellowship Church, Basement, enter in back, 1412 Applegate Street, Philomath, OR, 97370 (O,BK) *Potluck/Speaker meeting on the last Wednesday of the month!!! Potluck starts @630*

## THURSDAY

**NOON Primary Purpose**, First Christian Church, Room 18, corner of 6th, 602 SW Madison Avenue, Corvallis, OR, 97333-4515 (O,JT,To,WC)

**7:00 PM Cornerstones**, CHANCE, 231 Lyon St S, Albany, OR, 97321 (O,JT)

**7:00 PM Get Real Get Honest No BS**, Sweet Home United Methodist Church, 845 6th Ave, Sweet Home, OR, 97386 (O,To,WC)

**7:00 PM Happy, Joyous, & Free**, Evangelical Church, Nursery, 1525 NW Kings Blvd, Corvallis, OR, 97330 (O,JT,To)

## FRIDAY

**NOON Primary Purpose**, First Christian Church, Room 18, corner of 6th, 602 SW Madison Avenue, Corvallis, OR, 97333-4515 (O,JT,To,WC)

**7:00 PM Carrying the Message**, Corvallis Evangelical Ch, 1525 NW Kings Blvd, Corvallis, OR, 97330 (SPAD)

**7:00 PM Gratitude Rocks**, Free Methodist Church, The Recovery Room, 580 F Street, Lebanon, OR, 97355-1845 (O,JT,WC)

**7:00 PM Happy Hour**, Emanuel Lutheran, 154 Madison SE,, Albany, OR, 97321 (O,JT,WC)

## SATURDAY

**NOON Primary Purpose**, First Christian Church, Corner of 6th, 602 SW Madison Avenue, Corvallis, OR, 97333-4515 (O,JT,To,WC) *Reading SPAD book on Saturdays along with topic cards*

**7:00 PM Cornerstones**, CHANCE Building, Community Room, 231 Lyon St, SE, Albany, OR, 97321 (O,D,To,WC)

**8:00 PM Insomniaddicts**, Westminster House, Main room, 101 NW 23rd Street, Corvallis, OR, 97330-5355 (O,D,SD,WC,BK) *Speaker meeting 2nd Saurday of each month.*

**MEETING FORMAT LEGEND**

B	Beginners	BK	Book Study
BT	Basic Text	C	Closed
D	Discussion	JT	Just for Today
M	Men	O	Open
SD	Speaker/Discussion	SPAD	A Spiritual Principle a Day
So	Speaker Only	To	Topic
W	Women	WC	Wheelchair

**SERVICE MEETINGS**

**Area Service Meeting**

First Sunday of the month that's not a holiday  
33872 SE Eastgate Cir  
Corvallis OR 97333  
877-ADDICTS

**PHONE NUMBERS**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**SUGGESTIONS FOR EVERYONE**

- DON'T USE no matter what
- Ask your Higher Power to keep you clean
- Come early and stay late
- Get a home group
- Go to 90 meetings in 90 days
- Read some NA literature every day
- Get a sponsor, call them
- Use your phone list

**KEEP COMING BACK. IT WORKS**

**LINN-BENTON AREA**



**FEBRUARY 2024 Meeting List**

29 Meeting a week

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

*Basic Text, page 65*

**24 HOUR HELPLINE**

877-ADDICTS (233-4287)

Current info available at:

[LBANA.org](http://LBANA.org)

